

IMPLEMENTING EVIDENCE-BASED PRACTICES IN ROUTINE MENTAL HEALTH SETTINGS: An Access Application for Outcome Reporting

- **Doug Marty**
 - LCSW
 - dmarty@ku.edu
- **Allan Press**
 - Ph.D.
 - Anpress@ku.edu
- **School of Social Welfare**
 - 1545 Lilac Lane
 - University of Kansas
 - Lawrence, KS 66044
 - Phone: 785.864.4720

Topics Covered Today

- Which Outcomes are Captured by the Consumer Outcome Monitoring Package (COMP)?
- Why Collect Them?
- What is COMP?
- How Can COMP Help You?
- Using COMP.

Which Outcomes are Captured by COMP?

- COMP collects data for writing reports on the following consumer outcomes:
 - Consumer Life-Distressing Events.
 - Employment.
 - Substance Abuse Treatment Stage.
 - Residential Status.
 - Educational Status.

These Outcomes Reflect:

- Common mental health service indicators.
- Aspects of consumer's lives that we seek to improve through the delivery of mental health services.
- Benefits that accrue to consumers as a result of mental health services.

Why Collect these Consumer Outcomes?

- Services need to be both true to their practice AND produce beneficial consumer outcomes.
- Identify critical consumer status and service information.
- Identify service elements that may need attention.
- Helps keep focus on consumer's aspirations, desires, and goals.
- Studies have shown outcome oriented managers increase service effectiveness.
- What gets measured, gets attention, gets done.

Why do Social Service Agencies often Ignore Consumer Outcomes?

- Agency's uncertain what to collect or how to measure.
- Too expensive to gather.
- Too busy to gather.
- Uncertain how to use the information.
- Uncomfortable with numbers.
- Already have too much paperwork.
- Already collect data but never get anything worthwhile back.

What is COMP?

- Developed in conjunction with and supported by the National Evidence Based Practice Project
- Free-standing Access Program on a CD.
- Data Entry Form.
- Report Writing Application.
- It is easy to use.
- It is flexible.
- Can be used in a variety of settings.

Reports:

- Summary Tables.
 - Demographics, Enrollment, Consumer Events, Employment
- Status Tables.
 - Residential Status, Education Status, Dual Disorder Treatment Stages
- Movement Tables.
 - Enrollment, Consumer Events, Residential Status, Education Status, Dual Disorder Treatment Stages

How COMP can Help YOU!

- Provides agencies and stakeholders with timely reports of critical consumer outcomes.
- Provides tools to use during consultation.
- Provides reports that can inform on service.
- It's free.

Using COMP

- Demonstration..

- Contacts:

Problems with Running the Application:

Allan Press

Anpress@ku.edu

303.440.9095

Problems with Understanding Reports:

Doug Marty

dmarty@ku.edu

785.864.3784

Quarterly Report Form

Agency: _____ Team: _____ Discharge Date: _____
 Client ID: _____ Reported by: _____ Cl. DOB: _____
 Cl. Age: _____ Cl. Gender: M F Cl. Ethnicity: _____
 Cl. Primary Diagnosis: _____

Indicate the client's status *on the last day of the quarter*:

Evidence Based Service Status	Eligible	Enrolled
Integrated Dual Disorders Treatment		
Supported Employment		
Assertive Community Treatment		
Illness Management & Recovery		
Family Psychoeducation		

In the *past 3 months*, how many days has the client:

Been homeless?	
Been incarcerated?	
Been hospitalized for psychiatric reasons?	
Been hospitalized for substance abuse reasons?	

In the <i>past 3 months</i> , how many <u>days</u> was the client competitively employed? (0 is used when the client is not competitively employed)	
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What is the client's stage of substance abuse treatment *on the last day of the quarter (circle or underline one)*?

N/A	Engagement	Persuasion	Active Treatment	Relapse Prevention
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What is the client's current living arrangement *on the last day of the quarter (N/A for not apply)? (Circle one)*

- | | |
|---|--|
| <ol style="list-style-type: none"> 1. Psychiatric Hospital 3. General Hospital Psychiatric Ward 5. Family Care Home 7. Group Home 9. Supervised Apartment Program 11. Independent Living 13. Emergency Shelter | <ol style="list-style-type: none"> 2. Substance Abuse Hospitalization 4. Nursing Home or IC-MH 6. Lives with Relatives (heavily dependent for personal care) 8. Boarding House 10. Lives with Relatives (but is largely independent) 12. Homeless 14. Other (specify) _____ |
|---|--|

What is the client's current educational status *on the last day of the quarter*?

- | | |
|--|---|
| <ol style="list-style-type: none"> 1. No Educational Participation 3. Pre-educational Explorations 5. Working on English as Second Language 7. Attending Vocational School or Apprenticeship, Vocational Program (CNA training) or attending High School 8. Attending College -- 1-6 hours 10. Other (specify) _____ | <ol style="list-style-type: none"> 2. Avocational/Educational involvement 4. Working on GED 6. Basic Educational Skills 9. Attending College -- 7-or more hours |
|--|---|

Client's Highest Level of Education (circle one):

No HS or GED	HS Diploma or GED	Some College	Associates Degree
Vocational Training Certificate	BA/BS	Masters/PhD	