

**Women's Support Program  
Hartford Jail Diversion  
Program**

**Rocio Chang, Psy.D, ABD.**

**Program Supervisor**

# **Jail Diversion History**

- **Hartford, CT 1994**
- **Jail Diversion role**
- **Jail Diversion expansion**

# Gender Specific Services

- **A new population**
- **Providing treatment services**
- **First program nationwide**

# Criteria

- Women
- 18 years and older
- History of trauma
- Substance abuse issues
- At risk of being incarcerated

# Referrals

- **Judges**
- **Public Defenders**
- **Prosecutors**
- **Probation Officers**
- **Bail Commissioners**
- **Court Social Workers**
- **GA14 and Community Court**

# Psychological Profile

- **Childhood sexual, physical and/or emotional abuse**
- **Co-occurring Disorders**

# **Social Profile**

- **Homeless or at risk of being homeless**
- **Lack of support**
- **Children are not under mother's custody**
- **Community infested with drugs and crime related activities**
- **Highly stigmatized by society**
- **Overlooked due to substance abuse issues**
- **Health complications and limited access to services**
- **Long criminal history**
- **Women of color**

# **Economic Profile**

- **Limited financial resources**
- **Limited state and/or city financial assistance**

# Relational-Cultural Theory as a Framework

## EDUCATION

- Mental health
- Substance Abuse
- Criminal Justice System
- Community Awareness
- Networking

## PEER SUPPORT

- Women for Sobriety
- Peer Support Training
- Advisory Board
- Extra curriculum activities
- *Sex Industry Survivors Anonymous*
- *Wellness Recovery Action Plan*

## Clinical / Case Management

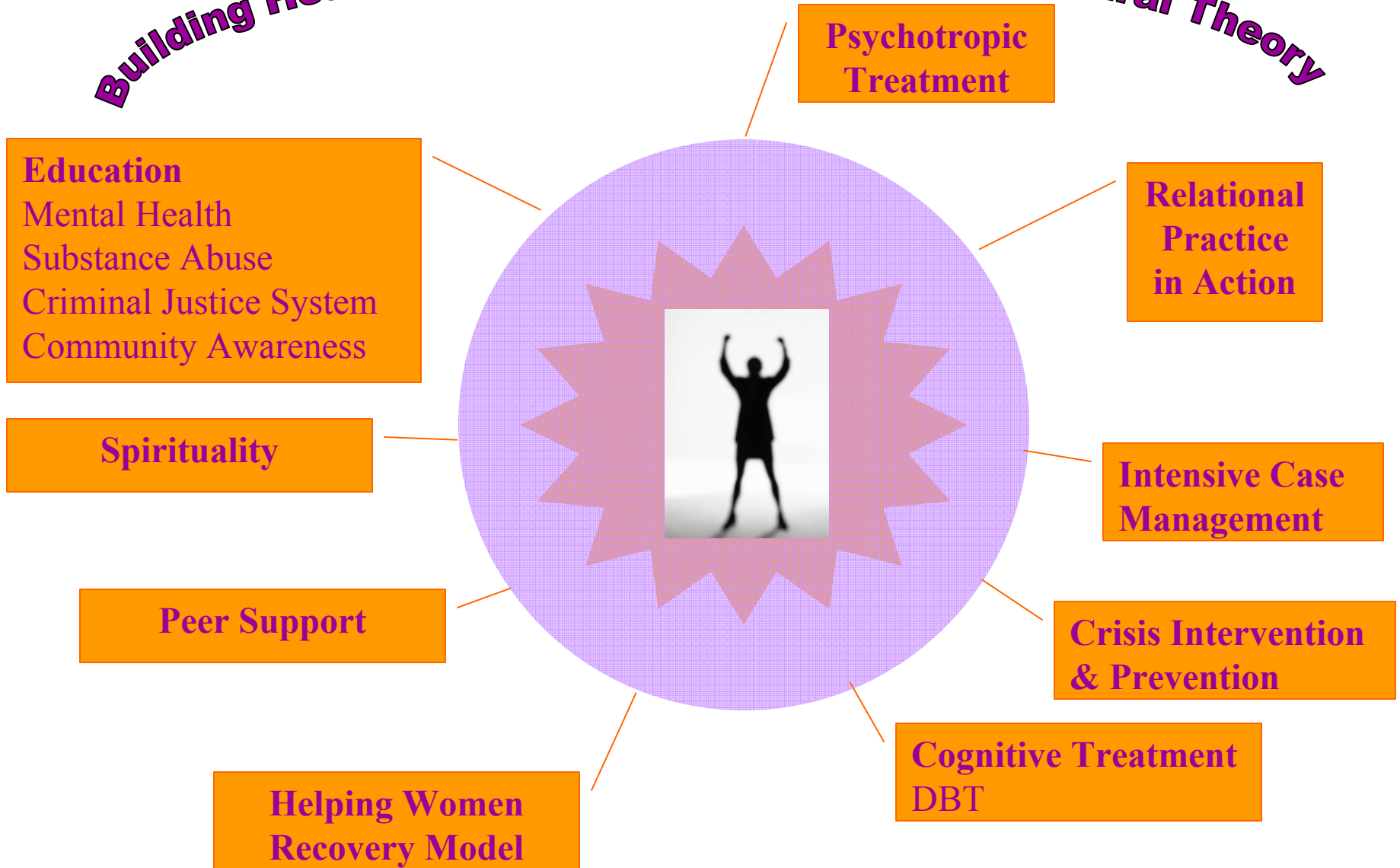
- Helping Women Recover Model
- Relational Practice in Action
- DBT – Skills Training Module
- Individual Counseling as deemed appropriate
- Crisis Intervention
- Intensive Case Management
- Spirituality

# **Additional Training**

- **TARGET**
- **MET**
- **Multicultural Issues**
- **Gender Issues**
- **Ongoing consultations**

# Holistic Approach

## Building Healthy Relationships – Relational Cultural Theory



# Helpful Websites

- [www.jbmit.org](http://www.jbmit.org)
- [www.stephaniecovington.com](http://www.stephaniecovington.com)
- [www.centerforgenderandjustice.org](http://www.centerforgenderandjustice.org)
- [www.sexindustrysurvivors.com](http://www.sexindustrysurvivors.com)
- [www.womenforsobriety.org](http://www.womenforsobriety.org)
- [www.prostitutionresearch.com](http://www.prostitutionresearch.com)
- [www.mentalhealthpeers.com](http://www.mentalhealthpeers.com)
- [www.mentalhealthrecovery.com](http://www.mentalhealthrecovery.com)
- [www.reentrymediaoutreach.org](http://www.reentrymediaoutreach.org)
- [www.ncptsd.org](http://www.ncptsd.org)

# Contact Information

Rocio Chang, PsyD, ABD

Women's Support Program

Capitol Region Mental Health Center

500 Vine Street

Hartford, CT 06112

860-297-0852

[Rocio.P.Chang@po.state.ct.us](mailto:Rocio.P.Chang@po.state.ct.us)