

# **Women's Support Program Hartford Jail Diversion Program**

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# Jail Diversion History

- Hartford, CT 1994
- Jail Diversion role
- Jail Diversion expansion

# Gender Specific Services

- A new population
- Providing treatment services
- First program nationwide

# Criteria

- Women
- 18 years and older
- History of trauma
- Substance abuse issues
- At risk of being incarcerated

# Referrals

- Judges
- Public Defenders
- Prosecutors
- Probation Officers
- Bail Commissioners
- Court Social Workers
- GA14 and Community Court

# Psychological Profile

- Childhood sexual, physical and/or emotional abused
- Co-occurring Disorders

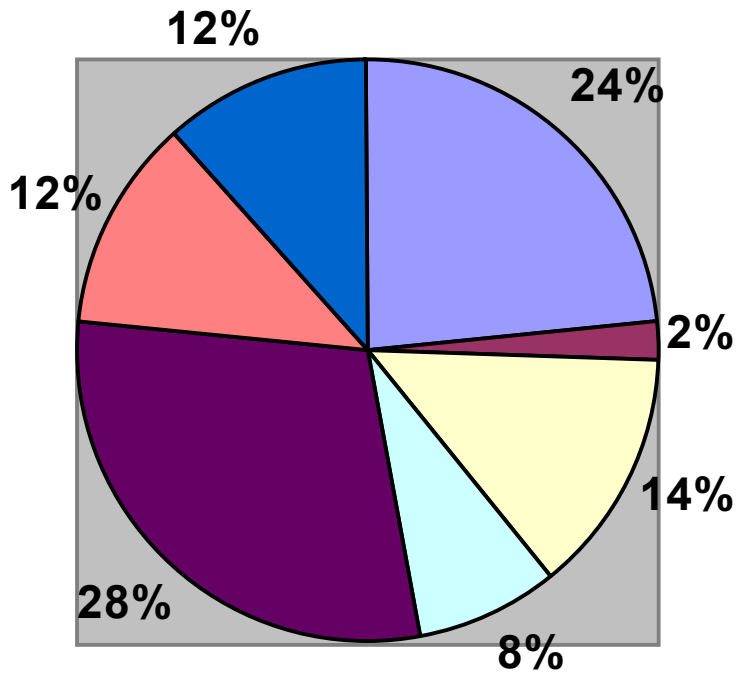
# Social Profile

- Homeless or at risk of being homeless
- Lack of support
- Children are not under mother's custody
- Community infested with drugs and crime related activities
- Highly stigmatized by society
- Overlooked due to substance abuse issues
- Health complications
- Long criminal history
- Women of color

# Economic Profile

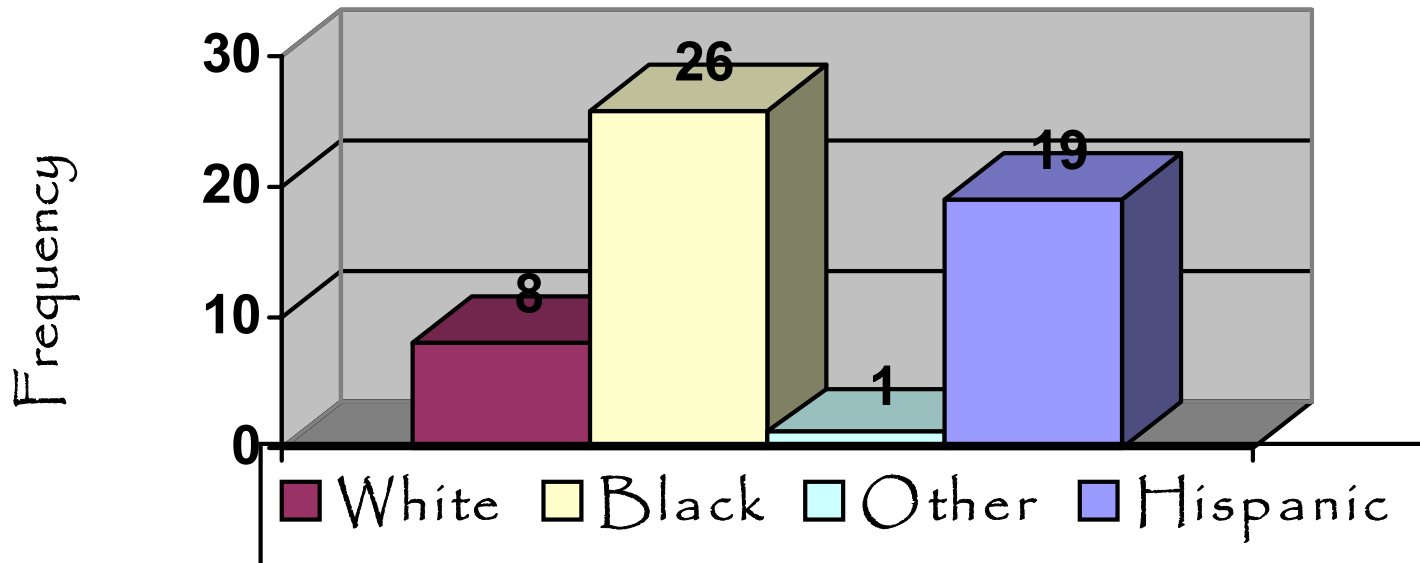
- Limited financial resources
- Limited state and/or city financial assistance

# Primary Diagnoses

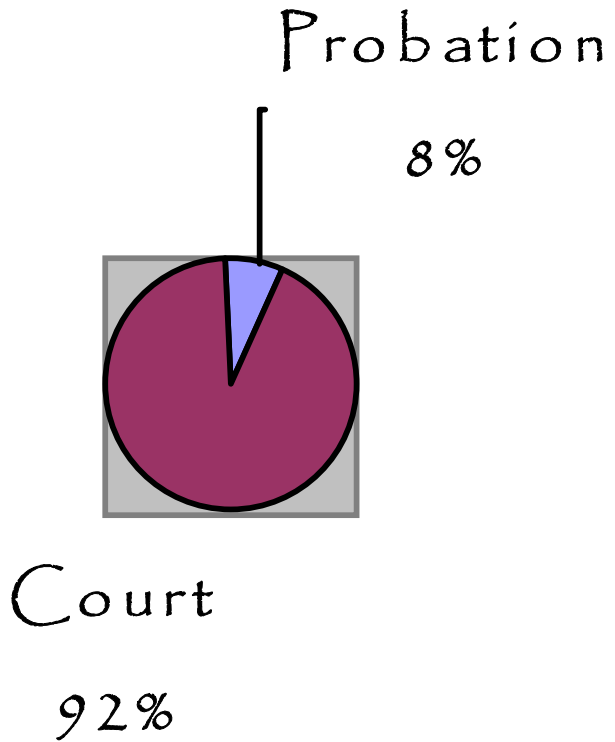


- PTSD
- Schizophrenia Spectrum
- Depression
- Bipolar
- Substance Use
- Other

# Race/Ethnicity Endorsed



# Referral Source



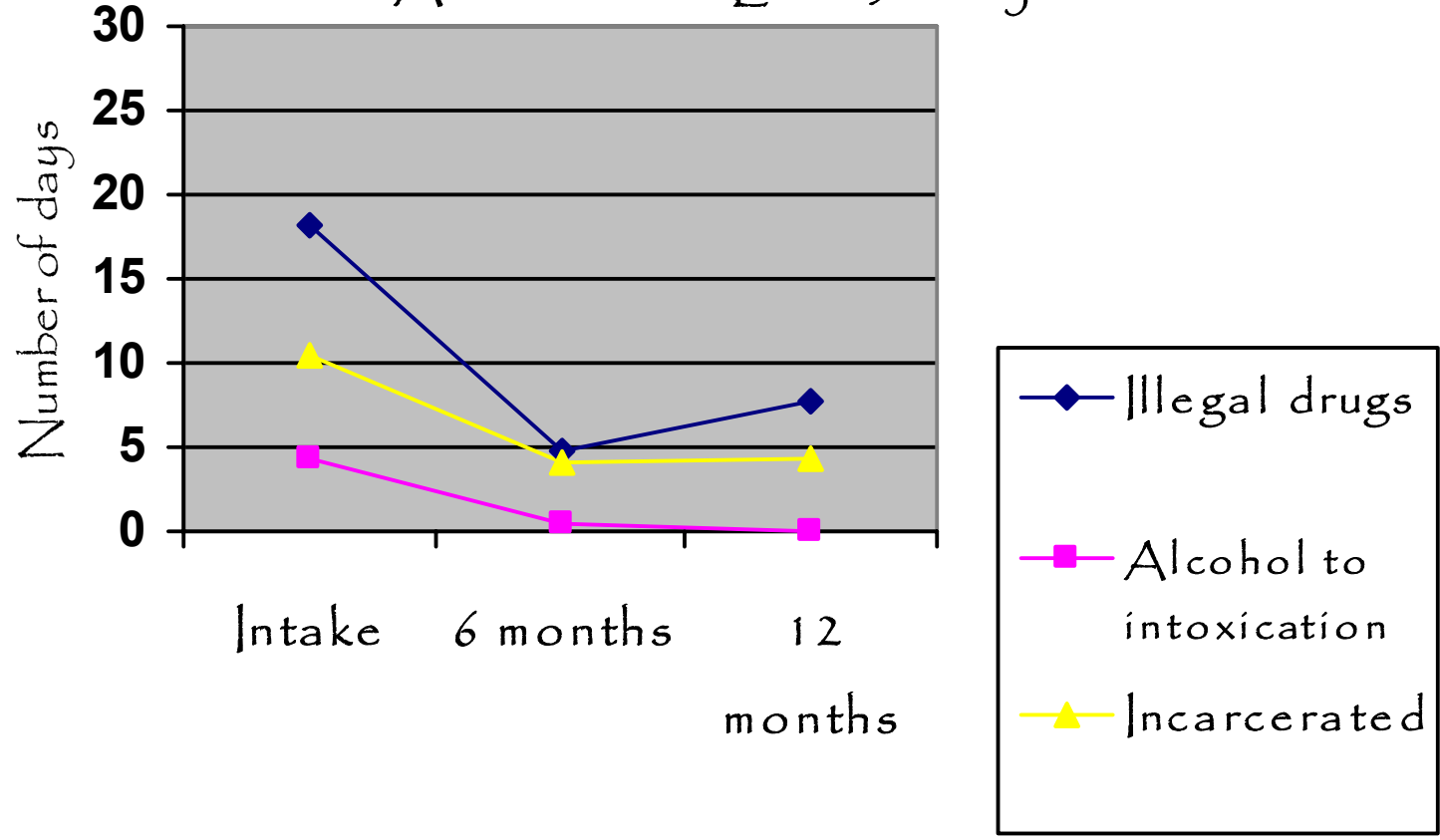
# Demographics

- **Baseline Characteristics (n=45):**
- Average years of education=11
- GED=13%
- Average Number of Types of Trauma
  - Lifetime=4.9
  - Past year=4.4
- Percent any trauma=95.6%
- Percent every type of trauma asked=16%
- Average items did not feel coerced (out of 5)=4
- Note: the one item usually felt coerced/answered false was “I had more influence than anyone else on whether I went to the program”

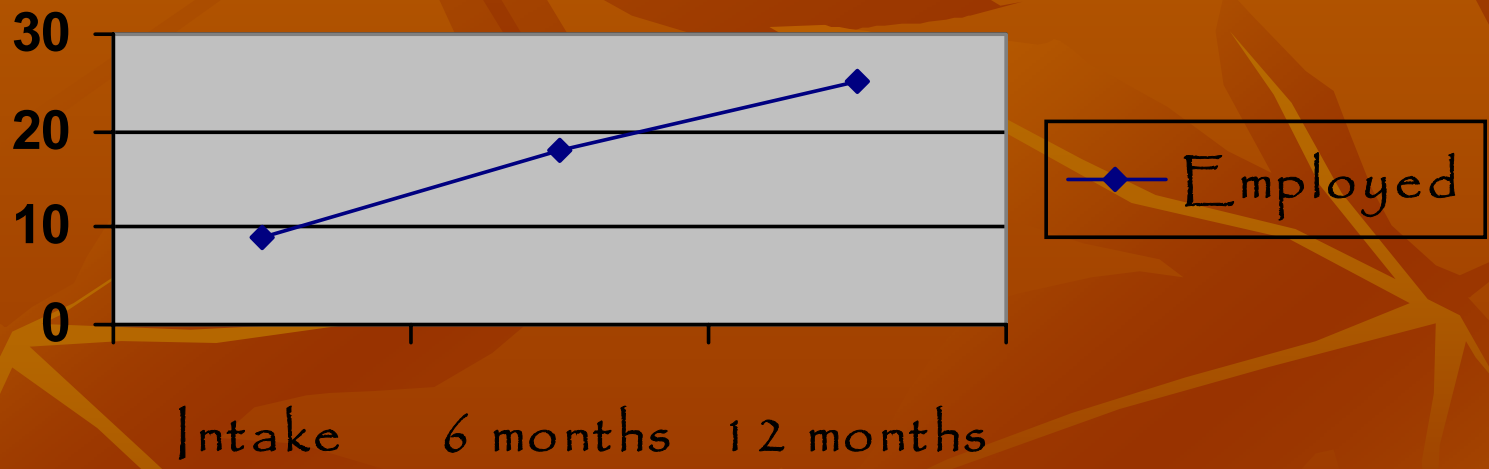
# Demographics

- **Comparisons over time\*:**
- Baseline n=45, 6 month n=22, 12 month n=12
- Mental Health Statistics Improvement Program score: 2.5\*
- \*1=Strongly agree 5=Strongly disagree; items asking how much they've
- improved in various areas as a direct result of WSP

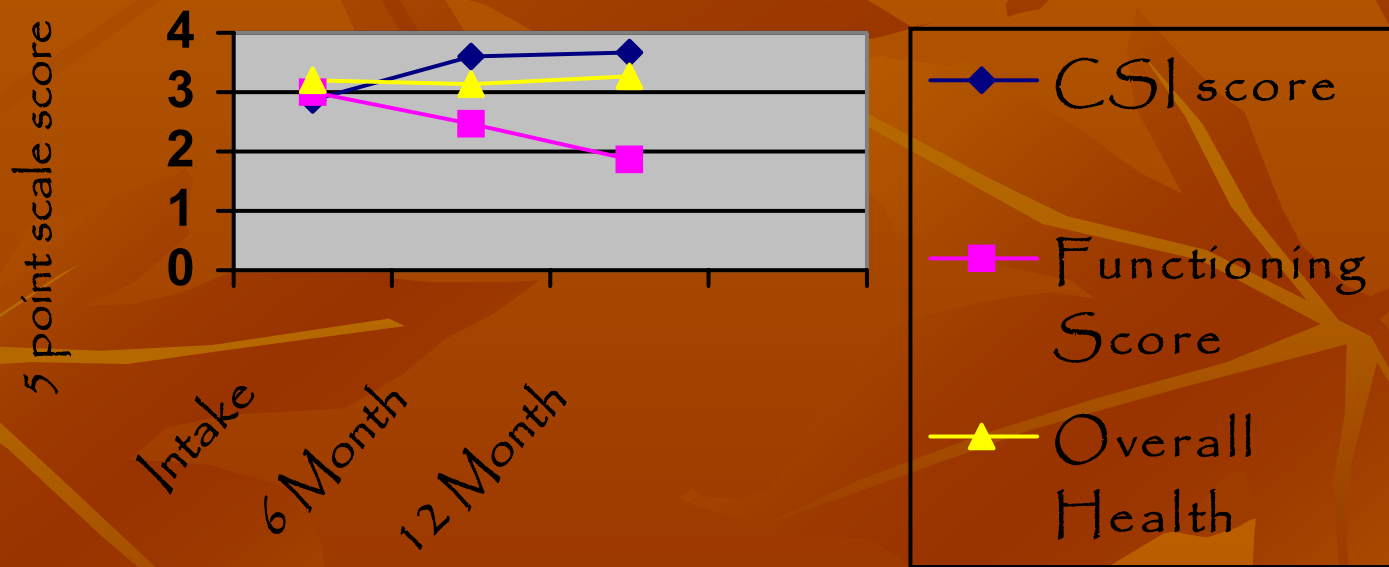
Activities of Last 30 days



# Percent Employed (FT or PT)



## Mental & Physical Health Outcomes



# Relational Cultural Theory

- Socio-political and cultural approach
- Women grow in connection
- Healthy relationships foster: a sense of zest, self-worth, creativity, desire for connection, clarity about self and other.

# Relational-Cultural Theory as a Framework

## EDUCATION

- Mental health
- Substance Abuse
- Criminal Justice System
- Community Awareness

## PEER SUPPORT

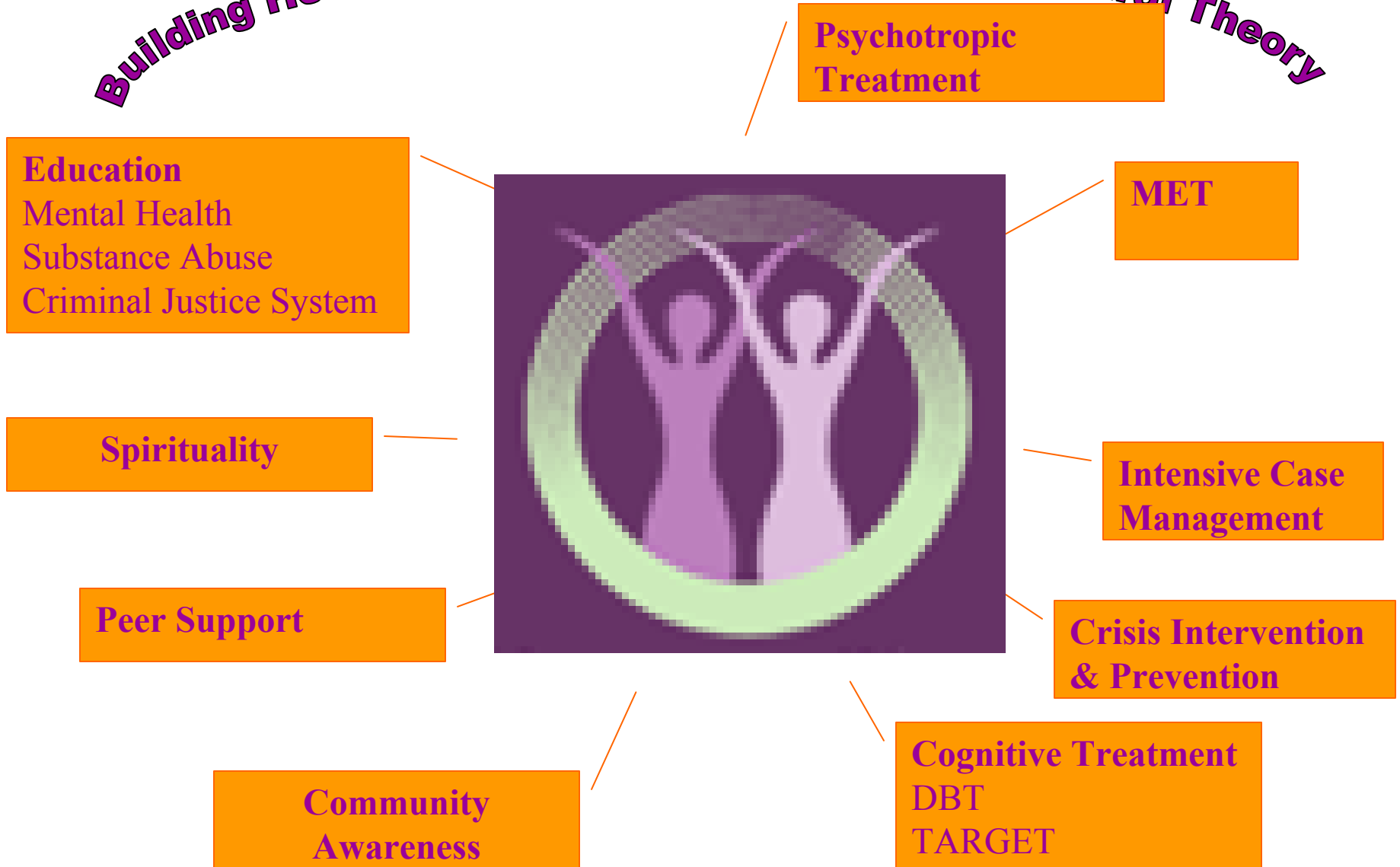
- Women for Sobriety
- Peer Support Training
- Advisory Board
- Extra curriculum activities
- *Sex Industry Survivor Anonymous*
- *Wellness Recovery Action Plan (WRAP)*

## CLINICAL/CASE MANAGEMENT

- Relational-Cultural Group
- Helping Women Recover Model
- DBT – Skills Training Module
- Individual Counseling as deemed appropriate
- Psychotropic treatment
- Crisis Intervention
- Intensive Case Management
- Spirituality
- Three to six months

# Holistic Approach

## Building Healthy Relationships – Relational Cultural Theory



# Additional Training

- TARGET model
- Motivational Enhancement Theory
- Multicultural Issues
- Gender Issues
- Ongoing consultation

# Recommendations

- Hire peer specialists
- Follow-up treatment for women who are re-arrested

# Helpful Websites

- [www.jbmit.org](http://www.jbmit.org)
- [www.stephaniecovington.com](http://www.stephaniecovington.com)
- [www.centerforgenderandjustice.org](http://www.centerforgenderandjustice.org)
- [www.sexindustrysurvivors.com](http://www.sexindustrysurvivors.com)
- [www.womenforsobriety.org](http://www.womenforsobriety.org)
- [www.prostitutionresearch.com](http://www.prostitutionresearch.com)
- [www.mentalhealthpeers.com](http://www.mentalhealthpeers.com)
- [www.mentalhealthrecovery.com](http://www.mentalhealthrecovery.com)
- [www.reentrymediaoutreach.org](http://www.reentrymediaoutreach.org)
- [www.ncptsd.org](http://www.ncptsd.org)

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