

Hurricane Preparedness Plan

Outline of Plan

- Preplanning
- Necessities
- Shelter Items
- Staying Home
- Miscellaneous Items
- After Plan

Pre-Planning

- Evacuation Route
- Emergency Contacts
- Items to take with you

Evacuation

- Route
- Place to stay
- Alternatives
- Transportation & Alternatives

Emergency Contacts

- Copy of Evacuation Route
 - Emergency Contact Numbers
1. Contact Person (Family or Friend)
 2. Case Manager
 3. Local or State NAMI office
 4. Drop-In Center
 5. Social Agency

Items to take/Necessities

- Medication (in original bottles)
- Advanced Directive
- Emergency Plan
- Emergency Contact Information
- ID & Valuable Papers
- Hygiene Items
- Clothes
- Cash

Shelter Items

- Medical Support Equipment
- Food for Specialty Needs/Snack Foods
- Blanket/Sleeping Bag/Pillow
- Flashlight
- Radio
- Batteries
- Water
- Can Opener

Staying Home

- Safe Room
- Escape Route
- Necessities
- First Aid Kit
- Hygiene Items
- Personal Items
- Miscellaneous Items

Safe Room & Escape Route

Safe Room

- Bathroom
- Inside Room with little to no windows
- Closet
- Room with access to attic or roof
- Room closest to outside door

Escape Route

- Plan escape route
- Practice escape route
- If attic or roof is route, place tools where can be reached
- Copy of route to emergency contact

Necessities

- Water – gal/day/person for 5-7 days
- Food – 5-7 days
- Pet Care Items
- Hygiene Items
- Personal Items
- Clothing and Bedding
- Miscellaneous

Food Items

- Packaged Food

1. Crackers
2. Mac & Cheese
3. Rice

- Canned Food

1. Meat (Spam)
2. Vegetables
3. Soups
4. Ravioli/Spaghetti O's

- Juices (bottles or box)

- Snacks

1. Granola Bars
2. Cookies
3. Fruit Roll-Ups
4. Chips

Pet Care Items

- Food
- Water
- Shot Records
- Papers
- Carrier
- Leash
- Toy
- Medication
- Vet's name and contact information

Hygiene Items

- Toothbrush/paste
- Moisture Wipes
- Hand Sanitizer
- Soap/shampoo
- Toilet Paper
- Comb/brush
- Sanitary Items

Personal Items

- Cell Phones/chargers
- Traditional phone
- Cash/credit cards/bank account information
- Insurance Papers
- Medical Records
- Social Security Card
- Birth Certificate
- Paper Prescriptions
- Advance Directive/Will
- Emergency Plan

Put all paper items in plastic bag or waterproof container

Clothing/Bedding

Clothing

- Pants/jeans/shorts
- Shirts
- Undergarments
- Socks
- Rain gear
- Shoes
- Rubber boots

Bedding

- Pillow
- Sleeping Bag
- Blanket

Miscellaneous

- Paper plates/utensils
- Plastic cups
- Cooking utensils
- Cooking Fuel/grill
- Books/games/cards
- Tools
 1. Screwdriver
 2. Flathead
 3. Hammer
 4. Nails/screws
 5. Small hand saw
 6. Axe
- Pet Care Items
- Special items for elderly and children

First-Aid Kit

- Band-Aids
- Peroxide
- Alcohol
- Gauze/dressing
- Elastic wrap
- Bug Spray
- Sunscreen

Before the Storm

- Know your community's plan
- Check all supplies
- Know when and where all shelters are and when they will open – Special Needs Shelters normally open first
- Check condition of radios, flashlights
- Trim trees, shrubs
- Protect windows and doors
- Secure outside light-weight items; ex., garbage cans, tools, lawn furniture, toys
- Fuel vehicles and gas cans
- Place all necessity items in safe room
- Turn fridge to coldest temperature and keep closed
- If told, turn off utilities, especially gas
- Unplug small appliances
- Fill bathtubs, sinks and large containers with water

During the Storm

- Stay away from windows and doors
- Stay in safe room until the “all clear” sign or leave if escape is needed
- Close all interior doors and secure outside doors
- Lie under a sturdy object; ex., bed, table (if possible)
- Keep radio and flashlight ready and handy

After the Storm

- Check all electrical appliances
- Check all other utilities
- If utilities are out, unplug everything
- Assess damage to inside of home
- Assess damage to outside of home
- Take pictures of any damage for insurance

Helpful Tips

- If evacuated, go to designated plan, if there is a change, inform your contact as soon as you arrive
- If traveling alone, DO NOT go with a stranger
- When able, if designated plan is changed, contact your local NAMI affiliate or United Way by calling 2-1-1, or your local Homeless Shelter
- DO NOT accept any other medications from others if you run out

THANK YOU!!!!

Hurricane Preparedness Plan

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